



April 9, 2019- Team Building at Bradford Woods

Problem solving activities, trust activities, challenge course - www.bradwoods.org

Bradford Woods forms (signed by a parent in 3 places)
MUST be turned in to the guidance office by 2:00pm Thursday, April 4th!

It is important to arrive by 6:45am! We will depart on time and we don't want to leave you behind.

Tentative timeline

6:45am	Arrive at JCHS (we will have doughnuts & juice.)
7:00 am	Depart PROMPTLY from JCHS
8:45-9:00 am	Arrive at Bradford Woods
11:45 am	Lunch at Baxter Dining Hall
5:00 pm	Depart Bradford Woods
6:30-7:00 pm	Return to JCHS

Remember, it is your responsibility to communicate this timeline with your parents and your teachers.

TAKE NOTE: You ***will* get wet** in the lake! Bring a small towel, a change of clothes and shoes. Participants **must** wear closed toe shoes at all times outside the water and sandals with a front **and** back strap, old tennis shoes or water shoes for the lake activity.

Things to keep in Mind: You **ARE** going to get wet. **Plan accordingly!** Please leave all valuables, jewelry & watches at home. You will be asked to take these items off during various activities to insure your personal safety. Remember if you bring any items we ask you not to- you must, at your own risk, leave them on the bus!

What to wear: Outdoor suitable clothes, bug spray and tennis shoes! Closed toed and heeled shoes are **required** for participation. (Sandals with a front and back strap, or water shoes are appropriate for lake activity only!) Please realize you will be outside for the majority of the day. Anything you wear may become stained with mud, grass, or any other materials that are found in nature. Due to the unpredictable weather is it imperative that each person be prepared for a hot, cold, wet, sunny or cloudy day. Foot ware for the lake activity should be **shoes that can be ruined by mud and/or water**. Shoes should stay on the foot. If sandals are worn, they must have both a front and back strap secured. We **do not recommend Crocs**. You are almost **guaranteed to get wet and/or muddy** during this event!

What to bring:

Small towel
Change of clothes and dry shoes
Water bottle
Jacket and/or rain gear
Non aerosol bug repellent
Medical prescriptions or Inhalers

What not to bring:

Alcohol, tobacco or drugs
Electronics (cell phones, CD players etc)
Food, candy gum etc
Pocket knives, multi-tools or weapons
Jewelry or expensive watches
Anything expensive or of sentimental value that you would rather not risk losing, or getting wet.

If you have any questions please feel free to contact me anytime! My cell phone is 592-0630- you can call or text.